

# DANCE CENTRAL

## Stage Make-up & Hair Guide for Junior - Youth

Use the following guide to help you decide what to buy, how to apply, and more hints for completing stage makeup! The key to makeup for juniors is keeping it simple and fast to apply. All products are available at Priceline Pharmacy. All products listed are available at Priceline Pharmacy however you can use any brand you like!

### HAIR GUIDE:


All classes are required to have the same hair and make-up across the entire school.

**All classes (except ballet): High Ponytail**, slicked to the crown of the head. Use enough hair elastics to ensure the ponytail does not budge. All wispy hairs must be gelled down. Ponytails must be straightened with a hair straightener. If you don't have one, just borrow one for the show.





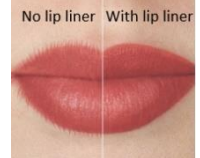

**Ballet classes: High Bun** (based on the crown of the head). Use enough hair elastics to ensure the ponytail does not budge. Please use a bun or hair net and for thicker hair use French Pins to ensure the bun is secured and won't come out. Otherwise bobby-pins are fine

**Fringes:** If you have a long fringe we prefer you to pin and gel it back. If it's short and doesn't go into your eyes, you can have your fringe down.

### MAKE-UP GUIDE:

What you need	What to purchase	How to apply	Handy Hints
<p><b><u>BB Cream</u></b></p> <p>BB Cream evens the skin tone. It's similar to a lightweight foundation, with less coverage and more benefits for the skin which is especially good for young and delicate skin at this age.</p>	<p>Maybelline Dream Fresh 8 in 1 BB Cream. Is particularly great as it has a gel-water formula, is oil-free and has no heavy ingredients, making it better for the skin and gives it a lightweight feel that is comfortable to wear (which is important at this age).</p> <p>\$15.95</p> 	<ol style="list-style-type: none"> <li>1. Squeeze a pea size amount of product onto the back of your hand and dot it onto the face, focussing it mainly towards the centre of the face</li> <li>2. Use fingers to gently blend product evenly outwards using circular motions</li> </ol>	<ul style="list-style-type: none"> <li>• Applying a moisturiser before applying BB cream will ensure the application is even whilst also prepping the skin and increasing the longevity of the makeup</li> <li>• The warmth of using fingers will not only make the product blend out more seamlessly but it will also make it less rough and uncomfortable on the skin</li> <li>• Blending a little of the product down the neck also helps to make the product blend seamlessly</li> <li>• Go for a product without SPF to avoid a white cast in photos.</li> </ul>
<p><b><u>Mascara</u></b></p> <p>Wearing mascara on the eyes is very important as the bright stage lights wash out delicate facial features. The main goal of mascara is to accentuate and open up the eyes</p>	<p>We recommend the following products as they are affordable but still do the job well!</p> <p>Essence All Eyes On Me Multi-Effect Mascara</p>	<ol style="list-style-type: none"> <li>1. Gently pull upwards on the brow area to lift the eyes and ask your child to look out and down so they don't flinch</li> <li>2. Brush the product carefully through top lashes Wait for top lashes to dry before putting any product on the bottom lashes to ensure the product doesn't transfer on the</li> </ol>	<ul style="list-style-type: none"> <li>• We recommend non-waterproof mascara to make it easier to remove, but if you are worried there may be tears during the day it may be better to purchase a waterproof mascara to prevent it from running or smudging. If you do end up going for a waterproof option, make sure you also purchase a waterproof makeup</li> </ul>

# DANCE CENTRAL

	 <p>Essence All Eyes On Me Waterproof Mascara</p>  <p>Both \$4.10</p>	<p>lids (this should only take about 15 seconds)</p> <ol style="list-style-type: none"> <li>Now ask your child to look outwards and up and carefully brush the product downwards through the bottom lashes</li> </ol>	<p>remover or it will be extremely difficult and uncomfortable to remove.</p> <ul style="list-style-type: none"> <li>We recommend steering clear of mascaras with big brushes on the end as it can be difficult to apply and can get very messy! It's definitely best to look for a mascara with a thin brush head.</li> </ul>
<p><b><u>Lipstick and lip liner/lip tint</u></b></p> <p>Stage lights wash out the colour of facial features, hence why we always recommend a red lipstick or lip stain.</p> <p>It all comes down to personal preference for your child with whether or not they use a lipstick or a lip stain, but lip stains are great especially for young ones as they last all day, won't smudge, are very comfortable (feel like nothing is on your lips) and they also have less bold colour.</p>	<p>There are countless red Lip products on the market, some examples are:</p> <p>Savvy Long Wearing Lip Liner in Cherry</p>  <p>\$6.99</p> <p>Savvy Lipstick in Cherry</p>  <p>\$4.99</p> <p>Essence long-lasting Lipstick in All You Need Is Red</p>	<ol style="list-style-type: none"> <li>Draw an outline of the lip no larger than the</li> <li>Now again using the lip liner, fill in the rest of your child's lips (this helps to keep the colour on the lips throughout the day if the lipstick were to wear off)</li> </ol> <p>Use the lipstick or lip-tint to carefully go over the lip liner, using swiping motions</p>	<ul style="list-style-type: none"> <li>When using a lipstick we highly recommend using a lip liner beforehand as lipstick tends to bleed out of the lip liner</li> </ul>  <p>No lip liner With lip liner</p> <ul style="list-style-type: none"> <li>Before using a lip liner, we suggest rubbing the product on the back of your clean hand to warm the product up. This will make it easier to apply and will stop it from pulling on your lips if your liner is a less creamy consistency.</li> <li>Some people may find it easier to use a lip brush</li> </ul>  <ul style="list-style-type: none"> <li>As red is such a bright colour, it's very obvious if it is out of the lines so apply neatly</li> <li>If you're concerned about your child smearing the lipstick, blot it gently with a tissue after applying to reduce the likelihood that it will transfer</li> </ul>

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\$4.70

Australis KPOP x Lip  
Oil Tint in Mimi Red



\$14.99

Final tips:

- Practice the makeup before the show day! Especially if this is your first foray into makeup, you should have a few practise runs to make sure they are comfortable in the makeup and you feel confident applying it before the pressure of the show day.
- Your child may have time to go home between the morning and evening shows. Use this time to rest and have a snack and don't stress about the makeup they have on from the morning. Clean up and reapply it as needed right before you leave for the evening show again. It's unlikely the makeup will last nicely more than an hour or two on a junior so don't stress about trying to keep it perfect all day!

Most importantly, have fun with it! The show is an opportunity for self expression so relax and enjoy yourselves 😊

xoxo

The DC Admin Team